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"Keeping Conestoga College Connected"

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28th Year — No. 32

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September 16, 1996

Classmates offered counselling

Conestoga College student dies in car crash

By Sean S. Finlay

Jamie Mahoney, 21, a Conestoga electronics engineering technology student, died after he drove his car into the back of a dump truck on his way home from his first day back to school Sept. 3.

The co-ordinator of the program, Taylor Zomer, broke the news to Mahoney's classmates. Counsellors Joan Magazine and Rick Casey were on hand for support, something student services felt was necessary.

Magazine said the counsellors were present to offer the students support and to provide information about the funeral and visi-

tation. She said a few students did meet with counsellors for additional support.

"The hardest thing about this is not being able to say goodbye," said Magazine. "No one is prepared for this."

Witnesses say that Mahoney tried to pass three cars and a dump truck on Regional Road 12, south of Petersburg. When the truck began making a left turn, Mahoney's car slammed into the back end of the truck and burst into flames.

Neville Murray, the driver of the truck, said in an interview with the Record that Mahoney didn't see him turning until it was too late. "There was nothing I could do," said Murray. "He was coming too fast."

Several employees from the nearby Warren Bitulithic asphalt plant heard the explosion at 1:30 p.m. and rushed to the scene of the accident and tried to help Mahoney.

Plant foreman Robert Wagler told the Record flames were four feet above the dash and it took about seven fire extinguishers to bring the flames under control. He said the driver was moving but not conscious.

Wilmot Township volunteer fire department responded to the accident and used hydraulic equipment to remove Mahoney from the car.

Ironically, Regional Road 12 in Wilmot

Township was the location of another accident that took the life of Conestoga nursing student Tara Storer on March 8.

Magazine said the best way to cope with a tragedy like this is to talk about feelings or possibly write about them to get them out in the open.

Mahoney was entering his third year in the electronics program at Doon campus. He was an employee of Mr. Stereo where he installed car stereo systems. He is survived by his parents Faye and James Mahoney of Petersburg, and sisters Pamela and Paula Twaddle of Newmarket.

A funeral was held Sept. 7 at Emmanuel Lutheran Church in Petersburg.

Rain doesn't wash out third annual Shinerama

By Peter Marval



SHINE IT — Nikki Perry (centre) gets a shoe shine from Conestoga students (left to right) Sara Steward, Tammy Frizzell, Laurie Campbell, Kolin Marshall and Jenn Corbett in front of Domino's Pizza in Cambridge, Sept. 7. (Photo by Peter Marval)

It may have rained all day Sept. 7, but that didn't stop Conestoga students from participating in the college's third annual Shinerama for cystic fibrosis.

About 60 students helped raise \$1,275 for cystic fibrosis, a common hereditary disease which causes faulty digestion and difficulty in breathing due to mucus accumulations in the airways.

This year's donations fall short of last year's total of \$1,500.

Shinerama was created in 1964, with students helping to raise money by shining shoes.

Debbie Santos, promotions assistant for the Doon Student Association, said the rain not only lowered the number of students she was expecting, but also forced her to cancel a car wash and windshield shining station which she had planned.

In addition, an aerobathon, which was to be held at Exclusively Women in Cambridge, was also cancelled one week prior to the start of Shinerama.

She said she considered the event a suc-

cess regardless of the weather because of the enthusiasm exhibited by volunteering students.

"They were a happy bunch and couldn't wait to get started," Santos said.

The students met in the Doon campus Sanctuary at 9 a.m. for a free breakfast and then broke up into six groups. They proceeded to six key points across Kitchener and Cambridge. Free refreshments and lunch were also provided to volunteers throughout the day.

The group which volunteered in Cambridge on Eagle and Concession streets said even though their group was all wet and cold they were still having lots of fun and were receiving many donations for the cause.

Some students, who weren't collecting as many donations in their areas because of the rain decided to go to gas stations where they pumped gas for donations.

Afterwards, the students returned to the college for a barbecue and prizes.

About 60 universities and colleges from across Canada will participate in Shinerama this year.

Day-care proposals worry ECE students

Wholesale attack on day-care system calls for decrease in pay and larger workload for providers

By Dave Luymes

Recently proposed changes to day care have some early childhood education students at Conestoga upset and worried.

Pam White, a second-semester student and mother of two, said she was dismayed after reading the news Sept. 6, when a report on child care was released by the Ontario government.

The report, written by Community and Social Services Minister Janet Ecker, recommends that child-care workers be paid less money and care for more children.

The Ontario government wants to put an end to wage subsidies for workers in non-profit day-care centres, which amounts to around \$110 million a year.

The average child-care worker making \$19,000 a year would see wages reduced by about \$4,500 a year, if the proposals are followed through. The staff-to-child

ratio for pre-schoolers would be increased to nine children instead of eight for every staff worker.

This would create another 8,000 spaces in existing centres across Ontario. Parents who use drop-in resource centres to get information, support and advice on child rearing would be charged a fee.

"Day-care providers are taking care of our nation's children and they (children) are our most precious resource," White said. "They have an awesome responsibility and should be paid more money, not less."

While the government says its plan will provide more child-care support for more families in a fairer and more effective way, opponents of the recommendations call them a wholesale attack on quality day care.

The government claims its plan will eventually add 12,000 day-care spaces for

the province, mostly in private facilities. The plan also aims to relax professional standards for child-care workers.

"It is depressing to think that after so much time, effort and money spent on school I may be able to make more money

"Day-care providers are taking care of our nation's children and they (children) are our most precious resource."

*Pam White
second-semester ECE student*

as a waitress than a child-care worker," White said.

White's hope is that the provincial government will take the situation of herself and other early childhood education students and workers into consideration

before making the proposals law.

Julie Eby, also a second-semester student in the early childhood education program, expressed her unhappiness. "I was disappointed to hear the news," she said, "I only hope it doesn't go through."

Donna McKenna, director of early childhood education at the college, reserved her opinion on the proposals. "It is not complete yet and it is still open for discussion, so I really don't know what the full impact will be yet."

The proposals may already have unusually strong government support, because the report was written by the minister herself.

Janet Ecker was a parliamentary assistant to former community and social services minister David Tsubouchi when she started her child-care review. Tsubouchi was recently moved in a cabinet shuffle, and Ecker took his place as minister.

Walk Safe program continues on campus

By Peggy Sue Ironside

Last year's Walk Safe pilot project was a success and will be continued again this year, said the president of the Doon Student Association.

April-Dawn Blackwell said the program will provide an escort for students, staff, faculty and visitors who are at the Doon campus between the hours of 7 p.m. and 11 p.m., Monday through Thursday.

Volunteers interested in being part of the program can receive application forms in the DSA office beginning the second week of classes through the third week of classes.

The DSA plans to have the program in operation by the end of September.

Individuals requesting the service can find the DSA Walk Safe headquarters in the hall outside the college security office.

The program will be staffed by student volunteers, with each shift consisting of three members: two co-ed escorts and a coordinator.

Blackwell said having a co-ed team provides a feeling of comfort for both sexes using the service. "The program will run smoothly with 20 volunteers, and more than that would be fantastic."

The pilot project had 17 people apply, and used nine to 11 of the volunteers on a regular weekly basis.

It began March 25 and continued until April 19, the week before exams started.

Funding for the Walk Safe project, \$500, came from the Campus Safety for Women Grant.

The grant is provided to Ontario colleges and universities by the Ministry of Education and Training to assist with improvements in campus safety.

The start-up cost of the program included supplying volunteers with uniforms and equipment. Members of the DSA Walk Safe program receive neon vests as their uniforms and yellow slickers for the times when rain gear is necessary.

Each team is equipped with a two-way radio, a flashlight and a clipboard with an escort log sheet.

Patrol teams must record on their log sheets the pick-up and drop-off time and location of each Walk Safe user.

The primary function of the program is to provide safe, walking escorts to and from any destination on the college campus, including the residence, which is off campus.

To date, the security guards at the college have been providing an escort service, even though it is not within their mandate to do so.

People have had to wait until the guards finished with their security rounds before being helped.

Traffic woes



Drivers were faced with daily traffic problems while trying to leave Conestoga the first week of classes.

(Photo by Jennifer Dougall)

Drug plan 'opt out' deadline nears

By Ross McDermott

Students wishing not to be enrolled in the Doon Students Association's prescription-drug plan may find it more difficult than expected.

Those wishing to be reimbursed the cost of the plan must fill out a waiver form by Monday, Sept. 30, and must provide proof that they have existing coverage.

This proof includes disclosing the name of the company they are insured by and the policy number.

The coverage, provided by Seaboard Life Insurance Co. for the DSA, is a group health plan in which all full-time undergraduate students are automatical-

ly enrolled.

The fee for this coverage, \$60.57, is paid along with tuition.

DSA president April-Dawn Blackwell said the group-health plan, with an option to decline, is the cheapest way to provide students with prescription-drug coverage.

She explained that the automatic enrolment in the program guarantees a high number of students using the coverage, which reduces the cost of individual fees.

Blackwell said the DSA tries to serve the students the best it can. "The services the DSA provides are to help students continue their college careers. Being healthy and not being sick is obviously the

best way to do so."

Tom McGuire, senior account executive for Seaboard Life Insurance Co., understands that some students may dislike the "opt-out" option and the questions asked on the waiver form. He said that the waiver form confirms for the company that the people who are declining coverage are following the rules agreed upon by the DSA and Seaboard Life when the plan was first created.

Group plans with opt-out clauses guarantee the insurer some kind of profit and maintain low individual fees. "We require a spread of risk," McGuire said. "Once we put these plans in, we're committed for a year." He said that Seaboard Life

is open to suggestions to find different solutions if the "opt-out" policy is unsatisfactory.

Students are covered under the drug plan from Sept. 1, 1996 to Aug. 31, 1997.

The plan covers all prescription costs minus a 20 per cent deductible per prescription. Student identification cards serve the purpose of a "drug card."

Medicines, such as fertility drugs, male pattern baldness remedies, anti-smoking remedies and drugs available without a prescription are not covered under this plan.

The coverage is subject to a maximum claim of \$2,000 per year for each student.

Nooner BBQ



April-Dawn Blackwell, DSA president, and Bev Cutone, vice president of student affairs, barbecue for the nooner Sept. 4.

(Photo by Linda Reilly)

DSA executive and board revise mission statement

By Diana Loveless

The Doon Student Association has expanded its mandate to include the educational concerns of the student membership, DSA president April-Dawn Blackwell said Sept. 8.

"We've changed our mission in what we address as a student association," Blackwell, a third-year management studies student, said in an interview. "Before, I think we were seen mostly as activity oriented — these are the people that put on your orientation events; these are the people that give you nooners and year-end bashes and provide you with photocopyers."

Over the summer, Blackwell worked with the DSA executive on a new strategic plan based on a revised mission statement which will see the student government becoming more involved in educational issues.

While she was campaigning for the presidency, she said she discovered some of the students had concerns about educational issues but didn't know they could go to the DSA with those concerns.

"That really worried me," Blackwell said.

In response to these concerns, shortly after she was elected president, Blackwell recommended a restructuring of the DSA execu-

tive and asked the board of directors to create the position of education and communications coordinator, currently held by Cheryl Jack, a third-year marketing student.

Over the summer, the executive and the board took that one step further, and next year that position will be called vice-president of education.

Which educational issues will be tackled will be dependent upon the students, said Blackwell. The DSA will have to rely on the board, made up of several class representatives from each program, to make students' concerns known to the executive.

She is hoping that as the DSA becomes more involved with the issues facing students, more students will want to get involved in student government. Already this fall Blackwell has noticed a difference.

"We've had so many people come down to the office... within the last two weeks to say that they want to be a rep."

In August, the DSA executive held a luncheon for faculty to help spread the word about its new image.

Blackwell said she hopes that as instructors better understand the various functions of the DSA, they will encourage students to get more involved.

Nurses learn biology on their own

By Jason Seeds

Nursing students are some of the first at Conestoga to learn one of their subjects without any classes.

Nursing students will now learn biology exclusively through print- and visual-based materials.

Even before nursing's two biology teachers took a buyout package last semester, the department had decided to try something different.

Lois Gaspar, one of two co-ordinators of the nursing program, said there were two reasons to use alternative learning: "The cost of the nursing program was a consideration, given our financial constraints. It is important for students to learn how to learn — how to find knowledge and initiate their own learning."

Gaspar said the content nurses learn will soon be outdated and nurses must pass periodic tests to retain their licences.

"I see independent courses as a way to assist students with this process of learning."

However, Karla Sison, a third-semester registered practical nursing student, said a full-time teacher can't be beat. "I favor the old system, when the teacher explained the subject. The teacher can paint a picture in your head."

She had Steve Garbatt for biology last semester and is sad to see him go. "I learned a lot from him. He explained exactly what we were looking for. Now I have to do a lot more work on my own."

There is still scheduled and non-scheduled teacher

time available to biology students. Each week there is a question-and-answer tutorial for each of the classes where students may ask questions of their teachers, time permitting.

But Gaspar said students who are having trouble could ask for help from a teacher any time.

The students will be tested four times throughout the course in a regular classroom setting. These four tests will comprise their entire mark.

The resources that are available to students include workbooks and textbooks. Models and videotapes, which are necessary steps in the workbook for first-year biology, are in the library. There is a 15-minute videotape for every unit in first-year biology.

Although she sees it being used in the distant future, Gaspar said computer-based learning will not be feasible in the near future.

"Less than 50 per cent of our students have a computer at home, and there are difficulties using the school's computers."

Computer lab time would have to be scheduled by faculty, said Gaspar, and that would defeat the purpose. "The idea here is that the student does everything on their own time-line."

Sison said she is not worried about falling grades because the students study in groups. "If someone doesn't understand, the others will help them."

She said there is a teacher available for those students who need one.

"I think most people would prefer a teacher," Sison said, "but they are trying to adjust."

Security monitors Doon campus parking

By Bryce Wilson

Someone offering a deal too good to pass up on a parking decal? Barry Milner, the college's manager of physical resources, has said students need to be wary of any such transaction.

There have been thefts in the past. If caught with a stolen decal, the police become involved because it's considered possession of stolen property. The best way for students to protect themselves is to get the person offering the decal to get it transferred, by security, to their name.

Decals are just one of the many areas of parking that security and the department of physical resources deal with.

The department has to decide how many parking permits to sell for each lot and how many spaces will be needed in the future.

During the first few weeks of September, security officers count the lots five times a day and record the number of empty spaces. Those numbers will be used in next year's preparations. The extra officers also help to

reduce problems and give directions.

The average for many colleges and universities is to have one space for every two students. This is because many students take the bus, car pool or walk in from residence. Right now, said Milner, Conestoga is well ahead with 2,737 spaces and the school probably doesn't need any more parking. In fact, it has been about three or four years since students have had to park on the grass.

It is standard policy to oversell the number of decals for each lot because not all people drive to school every day and different people have different timetables.

Physical resources checks with timetables in advance to look for possible difficulties. The amount oversold is below 10 per cent, but is different for each lot. Currently, there doesn't seem to be a problem with people unable to find parking spaces.

Security officers only sell a certain number of parking passes during each of the first four days of orientation. This is to prevent people from one program buying

up all the passes. And so, if students are ever told that the passes are all sold out, but more will be on sale the following day, understand they are trying to be fair.

There are some students who think they'll risk getting by without a parking pass. Although the officers do not have a quota for ticketing, they do patrol frequently and will, in all probability, catch anyone without a parking pass.

Tickets are issued under a private parking bylaw run through the City of Kitchener, which gets the revenue, and dealing with them is as bad as getting the ticket in the first place.

Ticketing keeps everything running smoothly, especially fire routes, handicapped parking and thoroughfares.

Of course, there are bound to be problems and anyone seeking to make a comment should go to security or the physical resources office.

There is a parking feedback group that meets a couple of times a year to discuss problems and to try to find solutions.



SEX IN THE SANCTUARY — Sue Johanson addresses students during Conestoga's welcome week. (Photo by Bryce Wilson)

Sue Johanson sex talk addresses health issues

By Eric Whitfield

Sex was the issue Sept. 5 in the Sanctuary.

Sue Johanson, host of Sunday Night Sex Show on Women's Television Network, delighted the crowd of about 200 with her wit and straight-forwardness, while discussing a variety of topics involving sex.

Johanson, a medical doctor who has discussed sex on the radio since 1984 and on television since 1985, made Conestoga a stop on one of her tours. The tours, which have taken her as far away as Inuvik, N.W.T., are an effort to make people aware about sex and themselves.

In 1970 there were no sexual-health clinics, and birth-control pills were only legal when used as hormonal supplements, Johanson said.

After having children herself and seeing friends who needed birth control, or who thought they were pregnant, she set up a medical clinic in a Toronto high school, the first in North America, she said.

The youngest person she treated was an 11-year-old who had been sexually abused. Other serious issues she dealt with included teen pregnancy and teenagers concerned about their sexuality.

During a question period one person asked her what made her an expert on sex.

She told the crowd about her clinic and television and radio shows, and said the only books she has read over the past 13 years have been about sex.

For other people talking about

sex is harder than doing it, she said. Johanson discussed topics such as premature ejaculation in teenage boys with relative ease.

She also talked about sexually transmitted diseases. The one vaginal disease she is really afraid of, she said, is chlamydia which is a bacterium that causes scar tissue which can block the fallopian tubes and cause infertility.

Men can also suffer from chlamydia which creates scar tissue blocking sperm from exiting the body. She said the best defence against any sexually transmitted disease is to use a condom.

While stretching a condom in the air, she showed the audience how to use one and how durable they are. Condoms are essential to survival in the '90s, she said.

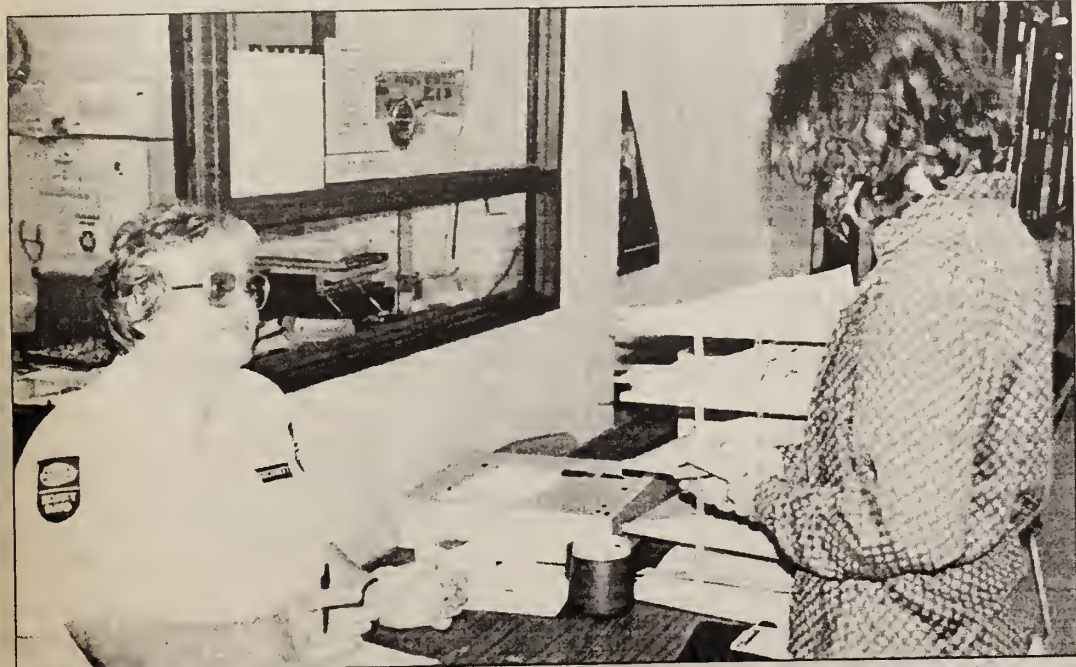
Despite the threat of disease Johanson also talked about the many pleasures of sex. She said women are more innovative than men when it comes to masturbation.

"The nicest gift a guy can give his girlfriend is a portable shower," she said.

During the question period, she answered questions about venereal warts, blue balls and female anal sex.

The show was interrupted at 12:30 p.m. when about half of the people in the audience got up and left for classes, but they were soon replaced by people getting out of classes.

Johanson said the turnover didn't bother her but it was rough on the ones who wandered in late, because they didn't get all of the information.



BUY A PARKING DECAL — Conestoga security officer Cathy Downie helps Kelly Park, a second-year law and security administration student, buy her parking permit. (Photo by Bryce Wilson)

COMMENTARY

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SPOKE

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Exploitation of children must stop

By Diana Loveless

International pressure alone may not be enough to stem the commercial exploitation of children in the sex trade, but combined with international economic sanctions, it could go a long way in bringing an end to this shameful industry.

In the shadow of the discoveries in Belgium of a child-sex abuse ring, delegates at the World Congress Against Commercial Sexual Exploitation of Children called upon governments to take strong and immediate action in an effort to expose the child sex trade and those who profit from and make use of it.

The five-day conference in Stockholm, which ended Aug. 30, brought children's rights activists and politicians from over 120 countries together to work on solutions to this growing problem.

It is estimated that a million children a year are forced into child prostitution, sold for sexual purposes or used in child pornography.

Thousands of western "tourists" travel to impoverished Third World countries to buy cheap sex with children, fuelling an industry worth billions of dollars.

A number of countries have already adopted legislation to prosecute their citizens for committing crimes against children abroad.

In April, the Canadian government introduced an amendment to Bill C-27, which would permit the prosecution of Canadians who use child prostitutes while outside Canada. Britain is also planning to adopt similar changes to legislation.

Such a law is already on the books in Sweden and was used in 1995 to convict a 69-year-old man for having sex with a 13-year-old boy in Thailand.

For many children in the Third World, prostitution is a way of life. Some are sold into the sex trade by their parents; others are abducted and kept as virtual slaves. There are also those who go willingly, looking for an escape from poverty.

The international community must respond. The sex trade is simply providing a product — a product for which there is obviously great demand. Although countries like Canada, Sweden and Britain have made a start with changes in legislation, it must go much further than that.

Child prostitution is part of the much larger problem of child labor. Just as we, as consumers, should boycott multinationals that employ child labor in the manufacture of goods for export to the West, so too should governments stop trading with countries that allow the commercial violation of children to go unchecked. As Third World countries struggle to become part of the global market, international trade is vital.

First World economic sanctions would have a devastating effect on their economies, forcing them to put a stop to abhorrent practices such as the sexual exploitation of children.



Attacks on Iraq a ploy for U.S. votes

By Scott Nixon

It must be election time in the United States. That seems to be the only explanation for two U.S. attacks on Iraqi defence sites on Sept. 2 and 3.

Typically, U.S. President Bill Clinton used the morally righteous stand when explaining the reason for his attacks on Iraq. Saddam Hussein, it seems, is up to his old tricks again and recently moved Iraqi troops into the Kurdish areas of northern Iraq.

In the process, Hussein violated a U.S.-imposed "no-fly zone." Hussein was attempting to dislodge the anti-Iraq Patriotic Union of Kurdistan and impose the Kurdistan Democratic Party.

In response, the Americans made 44 cruise missile attacks on Iraqi air defence sites. The question remains: Why?



Clinton can portray himself as a humanitarian trying to save the long-oppressed Kurds from the tyrant Hussein, but a presidential election in November makes Clinton's timing very suspicious.

Clinton's timing is very convenient for him. One of the most wishy-washy American presidents in recent history, Clinton carried out the attacks against Iraq for one reason: votes. That's it. He doesn't care about the Kurds' problems, nor does he care about stopping Hussein — he cares about being re-elected.

The U.S., for the past decade or so, has decided to become the world's watchdog, a kind of police force guarding the free world against the evils of Hussein, Moammar Khadafy and Ayatollah Khomeini. Problem is, the Americans only act as watchdogs when it benefits them.

Where were they in Rwanda? Nowhere. They quickly pulled out of Somalia and only got involved in Bosnia after it was

too late. Why? Because the American public doesn't particularly care about those countries and economic interests are few.

The Kurds have gained the sympathy of Americans and Clinton doesn't want to look weak against Hussein. Americans still doubt Clinton's toughness because he skipped Vietnam.

There's another motivation for Clinton's attack on Hussein: the recent sex scandal involving Clinton's top campaign strategist Dick Morris. Clinton hopes these bombings will help Americans forget that Morris allegedly paid a hooker for sex and let her listen to the president's phone calls.

No doubt this will work. Americans love making large holes in other countries. The explosions in Iraq won't be the loudest heard around the world. The biggest sounds are coming from the U.S., where Bob Dole's chances of becoming president just crashed to the ground.

The television god is growing stronger

By Doug Coxson

Over the next few years, as Canadians sink into their couches to wither in front of the radiation-rich hue beaming from their television sets, they will have a wider variety of viewing options.

The CRTC announced Sept. 4 that it has approved 23 new Canadian television channels, available before the end of 1999, in which, according to CRTC chairwoman Françoise Bertrand, Canadian audiences have demonstrated a clear interest.

With over 50 channels already available to cable subscribers, rented movies, video games and whatever else people fuse their eyeballs to on a daily basis, the question arises — are these new channels really needed or wanted?

It was less than two years ago that eight specialty channels were force-fed to the



cable-subscribing public with mixed success. The ones that failed were redundant; the channels that lasted filled a gap in the existing spectrum of television.

I wonder what gap channels like MuchMoreMusic, the headline news channel, CTV N1, and S3, the regional sports channel, will fill. I think "redundant" is the operative word here.

How many hours do people have to lounge around, sluggishly grazing on chips while watching the likely mindless refuse of the new channel, Talk-TV? Almost every hour of television is already filled with talk shows, yet this channel, if its format is like anything you might expect, will probably be a huge hit. In fact, most of the 23 channels accepted by the CRTC will be successful if they stick to flash over substance.

The CRTC understands the Canadian television audience and has accepted channel proposals based on the eroding standards of our culture. Bertrand, quoted in a news release said, "Last year, for the

first time in a decade, Canadians spent more time watching television than they did the year before." This is a scary thought considering Canadians spent an average day watching up to six hours of TV, in studies done over five years ago.

Television is a passive activity; it's mind numbing, relaxing, entertaining and a hell of a lot easier than reading, but is it worthy of taking up most people's leisure time? As part of the TV generation I must honestly say I spend a great deal of time watching it, sometimes relenting to the lowest forms of entertainment in no-brainers such as talk shows and Baywatch. I often watch the news instead of reading the paper and I don't feel the least bit guilty about it; but justifying the need for more channels is beyond me.

Bertrand contends it will strengthen the economy by using Canada's creative resources, but to what effect on media such as newspapers and at what cost to the already diminished standards of our society?

COMMENTARY

Needles are not tough enough for pedophiles

By Sean S. Finlay

Recently in the news, a group of politicians, counsellors and the like attended a world congress in Stockholm to fight the sexual exploitation of children.

At the same time, California legislators passed a controversial bill requiring second-time child molesters to be castrated.

The idea is any offender, male or female, would undergo regular chemical castration: an injection that would kill the sex offender's sex drive.

If an individual chooses to reject the injection,



he must submit to surgical castration.

Poor, poor sex offender. Needles are not painful, so society must care for that two-time loser.

Hold the loser down and use hedge shears!

Again, the evil-doer gets his way.

That victim will be afraid, distrustful and probably scarred for the rest of his or her life and the pedophile simply gets away with a few needles in the arm to control his sexual urges.

Whatever happened to an eye for an eye?

Under an old Turkish law, a convicted rapist would be dragged out into the town square, stripped naked and then sodomized with tree branches.

In Canada, sex offences against children under the age of 14 would net a person a maximum sentence of 10 years.

This seems merely a scolding and a being-told-to-stand-in-the-corner kind of punishment compared to actual castration.

But looking at both, jail time and castration, this doesn't compare to the humiliation, pain, and psychological scarring the victim suffers.

The pedophile needs to be shown the same violent power his victim got.

I think there should be a law requiring two-time sex offenders to be dragged into the downtown core and publicly humiliated Turkish style.

No doubt this would make molesters think

twice about striking again.

Most serial killers have an extra Y-chromosome.

Pedophiles must also have some kind of bizarre chemical imbalance.

Scientists should work to discover if sex offenders also have some extra chromosome or something so that in the early stages, if detected, the potential offender could mysteriously vanish from society and undergo all kinds of wicked scientific experiments.

In the future these experiments could be used to completely alter the face of violence against children.

This could have potential to be an X-Files episode.

Living in a viceless society

By Bruce Manion

O.K. So it's a given that the world is quite rapidly switching to a health-conscious environment. But how far will it go?

It is evident just by going into a supermarket and looking at the countless fat-free this and no-cholesterol that.

Cigarette smoke is no longer clouding up places such as restaurants, coffee shops and even bars everywhere, like a volcano long extinct.

The vices, which our optimistic forefathers enjoyed never once questioning the health factors, are being systematically exterminated by our negative society. Ironical how our generation, believing in certain apocalypses, tries so hard to live healthily.

Who knows, maybe the future will see an even harsher clamp down on our worldly vices. Perhaps police departments everywhere will have to enlarge their vice squads to include all the nasties such as alcohol, nicotine, caffeine, high intakes of sugar, and possibly even sex. Anything from which an individual may receive enjoyment, but cause another grief (through jealousy disguised as a health risk) will be outlawed.



Once that minority of smokers is inevitably forced to go cold turkey, our omniscient health-conscious society, for lack of anything else to lobby against, may decide to target the lesser vices, the negative effects of which will no doubt be greatly intensified in the future.

The year 2050 may once again see donut shops divided into two sections. However, since the memory of smoke will be as cloudy in the minds of the clientele as the Rubik's Cube is to us, the shop will be divided into a large non-coffee drinking section and a smaller enclosed coffee-drinking section. It goes without saying that it will be the small section catering to the people with vices that will fill up the quickest.

Perhaps those air bars popping up in Toronto and other major cities around the world, where for \$20 you can enjoy a burst of 100 per cent pure oxygen up your nostrils, giving a momentary sense of euphoria, will be the next big blast. Likely something will be discovered about this new vice, which will suffer the prolonged wrath of scrutiny. Maybe someone will discover paying \$20 for air is bad for your health!

Well, anyway, no one will stop me from having vices. For even if all are eliminated, I will find a new vice. And that's my vice.

American hockey interest will be bad news for Canada

By Eric Whitfield

Lately there has been heightened interest in hockey in the United States. This increase will eventually cause a decrease of interest in Canada, making our national pastime nothing more than just another sport dominated by Americans.

Recently the National Hockey League moved two of its eight Canadian franchises, the Winnipeg Jets and Quebec Nordiques, to the States.

Soon, more Canadian teams will move to the United States. ESPN2 and Fox carry the NHL in the States but only reach a limited market. Despite the limited television coverage, hockey appears to be heading in the same direction.

The L.A. Kings were the only team in the southern United States until the recent expansion or movement to San Jose, Dallas, Anaheim, Miami and Tampa Bay.

The markets in the States are also help-



ing to destroy hockey in Canada. With franchises in New York, Colorado and Miami, all of which can support the four major professional team sports in North America, it is hard for the smaller Canadian cities to compete.

An increase in good American hockey players has also helped boost American hockey interest. High quality players such as Pat LaFontaine of the Buffalo Sabres, and John LeClair of the Philadelphia Flyers, are American.

Canadians have also helped to Americanize hockey. This has helped create interest in the game in the southern states. Because of our economy, parents can't afford to buy the expensive equipment needed to play the game at an organized level, so soccer cleats are the trend. More Canadian children now play soccer than hockey. The Canada Cup is now the World Cup of Hockey.

Soon we will hear rumors about the Ottawa Senators, Edmonton Oilers and Calgary Flames heading south because they cannot compete with the Americans economically.

Students question the need for deferral payment

By Peter Marval

In a recent informal survey conducted at Conestoga, seven students unanimously agreed that having to pay an administration fee on top of the deferral payment was unfair.

This past summer, students received their tuition bill giving them a choice of paying full tuition by around the middle of July (depending on the program), or deferring the payment until September for a fee of \$100.

Half of the \$100 went towards a down payment on tuition, while the other \$50 went to the college for administrative costs.

"If you don't pay your tuition in full and defer your fee, then there is a \$50 charge added on," said college registrar Fred Harris. "It's the price of not paying your tuition when it's due."

Harris added that this was nothing new and that this procedure has been going on since the board of governors implemented it three years ago.

"They ask for the money too soon, forcing some students, especially those who have to wait for their student loans, to defer their payments," said Jason McDougall, a first-year electronic engineering technology student.



Jason McDougall



Sandra Buckley



Nadine Usher



Christa Bistretzan



John Kuzma



Alice Kerr

"Once again, it's the student who loses out."

McDougall, who attended Fanshawe College last year, said Fanshawe gave students various payment options and any deferral installments went directly to payment of tuition.

Of the two area universities, none has a deferral program. Depending on the university, tuition payments are due between the end of August and the middle of September.

In cases where students can't meet payment deadlines, the universities try to work something out.

"Around 98 per cent of the students have their tuition paid by the deadline of Sept. 6," said Judy Thanders, of student

accounts at the University of Waterloo.

Sandra Buckley, a second-year accounting student, said the \$50 administrative fee was unfair considering some students did not have enough time to save money for tuition from their summer jobs.

"People are working in the summer to pay for their tuition. If they have to pay halfway through the summer, it makes it tougher for them," she said. "Plus, with more activity happening in the summer — which all costs money — it's harder to save."

"Why does the college need \$50? What does it do with it?" asked Nadine Usher, a dental administration student.

She said the college should explain why it charges the fee and what it's used for.

Christa Bistretzan, a third-year nursing

student, said she wouldn't mind paying it, but only if it were lower.

"If they charged \$10, I don't think students would care as much," she said.

Business materials management student John Kuzma said it wasn't right have to pay the fee, even though he did not have to. "There's nothing you can really do about it, you just have to grin and bear it."

Alice Kerr, a receptionist at the student client services building, has a different perspective working behind the counter helping students.

"I can see the students point of view. I realize it's hard for them to accept having to pay the administrative fee. But I can also see the college's point of view of having to pay people to keep the paperwork in order."

Getting to know one another at Playfair

Students fight negativity at week of welcome

By Linda Reilly

Getting to know you was the theme of Playfair, part of the Doon Student Association's Welcome Week, on Sept. 4.

President John Tibbits welcomed the crowd of over a hundred who gathered outside the main cafeteria just before noon.

Other college officials including Wayne Hussey, executive director

of development and community relations; Grant McGregor, principal of Doon campus and dean of academic research and educational services; and Jack Fletcher, chair of student services, were on hand to welcome new and returning students.

Jerry Ewen of Playfair Canada led the crowd in getting-to-know-you exercises and empowerment rituals.

Playfair Kung Fu — stand up, be yourself, strong and powerful — was taught.

Ewen said he teaches these exercises to students at colleges and universities all across Canada. The purpose of these exercises is to help students with their self-esteem and help them fight off any negativity they get from others.

"Anyone who's made a difference in the world has come up

against a wall." Ewen also told students it was fine to be cool but being cool isolates people.

While he teaches students they are unique, he also teaches them to cut through the negativity that could stop them from being themselves.

Ewen said he also stresses the importance of teamwork. He said he doesn't teach individuals to be better than anyone else or beat out

others, but to be part of the team and add to the team.

"I am me and as me, I have a special role in the community."

Ewen said that businesses today are looking for people who can work as part of a team and who show a sense of loyalty to their team players and to the companies they work for. "Laughter is the most powerful thing in the face of negativity."



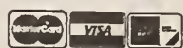
WELCOME CAKE — (left to right) Second-year recreation and leadership students Kelly Oliver, Amber Wood and Tanya Bigney; Bev Cutone, DSA vice-president of student affairs; Jerry Ewen, Playfair Canada; April-Dawn Blackwell, DSA president; Justin Ladouceur, second-year recreation and leadership student; Chris Kroeker, DSA promotions assistant and Laura Brillinger, DSA promotions assistant, celebrate Welcome Week on Sept. 4 outside the main cafeteria. (Photo by Linda Reilly)

pizza pizza

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Friday, September 20, 1996

- **Free** transportation to and from the track!
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Fully licensed! Exciting live harness racing featuring a \$100,000 Gold Final!

- Bus picks up in front of the Rec Center at 6:00 pm and leaves the track at 11:15 pm. *Be there!*

Wanted

**Referees and umpires for our
upcoming intramural and
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If you have any experience and want to earn a little extra money come to the Rec Centre with a resume and fill out an application form.

If you have any questions call 748-3512 ext. 452

Wanted

**Qualified fitness instructors for
aerobic and step classes**

If you are interested please fill out an application form at the Rec Centre by September 23.

Students return to the bottle at the same time as the books

By Doug Coxson

As students settle into college life, struggling to maintain their active social lives while working and studying, it is almost inevitable that they tend to drink more, according to information from the Community Alcohol Resource in Guelph.

It is estimated that 94 per cent of post-secondary students drink compared to 80 per cent of the general population. Studies also indicate that students' average weekly alcohol consumption is twice that of the general population's.

Carol Nelson, Conestoga's nurse, said this time of year usual-

ly reveals more cases of secondary signs of alcohol abuse related to all the partying at campus events and Oktoberfest.

"You tend to see things like stomach trouble, feelings of sickness or even depression," said Nelson.

"I don't think, especially in this young age group, you see too much liver damage, or things like that unless of course they're drinking piles and piles every day," continued Nelson.

The Addiction Research Foundation statistics from 1993 revealed that 95 per cent of students in arts programs are drinkers and 33.7 per cent of them drink 15 or more drinks in a given week.

Science students drink less than other students with a total of 24.6 per cent of students drinking 15 or more drinks per week.

A majority of student drinkers live in residence, comprising 96.1 per cent of those living in residence.

Students who live at home with their parents make up 93.3 per cent of current drinkers.

For students whose drinking is excessive and who are able to recognize their problems, Conestoga's health office provides referrals to counselling services and programs that will help.

"For a lot of people, the first thing is they don't want to admit they've got a problem," said Nelson.

When the problem begins to affect things like grades, students tend to want to work on reducing the amounts they drink.

Figures from the Addiction Research Foundation reveal that 49.5 per cent of students who drink 15 or more drinks per week have a failing average.

Alcohol causes problems at Ontario campuses every year, often taking the form of injuries and even death.

In Ontario, 9.4 per cent of all deaths are alcohol related, most of them occurring among men and due to chronic liver disease.

Program brochures such as DrinkWise and the personal drinking checklist, available from the health office on its brochure rack, allow students to understand when and if their drinking is becoming a problem.

"DrinkWise is unique because it focuses not on giving drinking up, but learning to cope with it to make healthy choices," Nelson said.



SHAZAM! — Nursing student Karla Simpson is advised by psychic Dan Valkos during a Nooner, Sept. 6. (Photo by Ross McDermott)

Psychic gives students a look into their futures

By Ross McDermott

Dan Valkos, psychic investigator, attracted both believers and skeptics to a one-hour session during which he fielded questions from students Sept. 6.

Valkos dealt with students on an individual basis and used his self-developed psychic ability to answer questions ranging from romance to finance.

Wendy Lang, a marketing student, was surprised by what Valkos said about her future. "He told me I'd be working with small children," Lang said. Though this prediction doesn't match her area of study, she frequently babysits small children and has considered teaching as a career choice.

Lang's fellow marketing student, Pete DeMarco, was unimpressed. "I don't really believe in it," DeMarco said. "He's giving a generalized answer."

Chris Kroeker, a management student, was undecided about Valkos's ability. "I don't know," he said. "It's interesting — it makes you think."

Valkos said in an interview following the demonstration the key to getting specific information is asking the right questions.

He has been involved in the paranormal since 1969. "I got involved originally as a skeptic — thinking it was a load of garbage," said Valkos. "Then I ran into some individuals who proved me wrong and I have since learned to develop my own ability."

Valkos was director of a paranormal centre for seven years and a field investigator for the Association of Psychic Investigative Research.

"I have been in about 400 to 500 haunted houses over the years," he said. "They're a lot of fun."

Valkos says that anyone can develop psychic abilities. He teaches workshops on developing psychic abilities at colleges and universities across the country.

It's just a matter of learning how to focus and how to listen to instincts he said. "That's why I teach all over the country. That's why the schools sanction me to teach."



BE DRINKWISE — College nurse Carol Nelson offers students information about alcohol abuse treatment through brochures in the health and safety office. (Photo by Doug Coxson)

Student Food Bank Fall Food Drive

Sept. 23 -27

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7:35 GAME TIME

BUS DEPARTS AT 5:00 PM



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includes transportation

Tickets available at the DSA Office

Rodeway employee moves to Banff

By Sara Maxim

Conestoga's student residence, Rodeway Suites, is losing a key employee this month. Assistant manager Guy Peters will work his last shift Sept. 11.

"I've been given a wonderful opportunity to move out West to Banff," said Peters. "I'm not leaving because I'm not happy here at Rodeway Suites."

Peters will be working at

Chateau Lake Louise, part of the Canadian Pacific Hotels and Resorts chain.

"This job is with another hotel chain. I'm not moving with this property," Peters said. "This is something I've done on my own. It's something I've wanted to do for a very long time."

Peters has been an employee of Rodeway Suites since it opened in 1993. At the time, he was a general business student in his graduating year at Conestoga College and lived in residence.

"I've really enjoyed working with Paul Holowaty, the general manager, and Rodeway Suites," Peters said. "They've given me my start."

Peters' first job with Rodeway Suites was as a front desk clerk working weekends. After graduating, Peters was offered the position of manager-in-training from Rodeway Suites. Peters accepted and after several months of training became an assistant manager.

"In today's economy, it's tough to get a job in the field you stud-

ied," Peters said. "Being a grad right out of Conestoga and into a management position was wonderful."

With a diploma in general business, Peters returned to Conestoga for a third year to earn a diploma in business administration. Peters then took a Canadian Institute of Management night course at the University of Waterloo.

"Working at Rodeway Suites has given me a lot of confidence," said Peters. "I've been able to meet a lot of people. There have been over 1,000 students living here since we opened and I've met each one."

An average day for Peters includes, not only management duties such as reporting to head office and negotiating side contract maintenance with different companies, but also looking after the front desk and any problems the students may have.

"There's always something to do around here," Peters said. "Plus the building has 117 rooms which you've got to account for, look after and are responsible for."

Rodeway Suites has not yet hired anyone to replace Peters but the company is looking to hire and is currently going through the interview process.

Peters leaves for Banff on Sept. 12 and is taking only what will fit in his car.



BYE, BYE — Guy Peters, assistant manager at Rodeway Suites, is leaving this month to take a job at Chateau Lake Louise in Banff. (Photo by Sara Maxim)

Conestoga's radio stations put on lunch-time dance shows

By Jason Seeds

Students can now dance their lunch hour away Wednesday and Friday afternoons.

Conestoga's broadcasting, radio and television (BRT) students' radio station, CKRZ, which is played in the lounge, has changed its format from classic rock to alternative rock and will be hosting a one-hour dance show Wednesday from 11:30 a.m. to 12:30 p.m. The host, Oliver Esteves, a third-year BRT student, will be playing a mix of hip-hop, rhythm and blues, and dance.

BRT's sister station, CCMX, which plays in the cafeteria, has changed its format from a mix of older top 40 songs to strictly current top 40.

On Fridays from 11:30 a.m. to 12:30 p.m., CCMX will host its own dance show, much like the

CKRZ show, but with Laura McGugan, also a third-year BRT student, as the host.

Neither of the stations will be broadcasting until Sept. 18, when the format changes are completed. Staff also need time to categorize about 100 new recordings received over the summer.

"We are trying to make a big change," said Julie Beitz, program director for CKRZ. "We want to see what student response is like for the new shows and we will go from there."

Both program directors said they felt the relationship between the campus radio stations and the students were weak. Relations with the DSA should be stronger as well, they said.

"Hopefully, with the new format, we will get more listeners and more people participating in events," Beitz said.

In the past, the radio stations have read advertisements from Spoke during newscasts to students, without any text or copy from the DSA.

"We need to plan more events with them," said McGugan. "This year we are trying to do more with area bars as well."

The various nightspots in Kitchener-Waterloo don't pay to advertise on the radio stations, but they do give free tickets and merchandise to students in draws and other events.

Beitz said she hopes to give away more stuff this year, which will increase student participation with the radio stations and the school in general.

Since CCMX and CKRZ are closed-circuit stations, the CRTC was not involved in the format switch, otherwise stations could wait years for permission to change.

'Octoberfest' comes to Conestoga

By Jason Romanko

The Kenneth E. Hunter Recreation Centre gymnasium will be transformed into Conestoga Haus for an Oktoberfest-type celebration on Sept. 26.

Octoberfest Conestoga Style, the official name of the event, will raise funds for student scholarships. The Doon Student Association and the college are hosting the event.

Shari Dickson, development assistant for the college, said in a recent telephone interview they hope to have a turnout of at least

1,000 people.

"The event is being put on by the college, but the party is open to everyone who wants to have a good time. You don't have to attend Conestoga to be eligible," she said.

Dickson said the event is going to be in true Oktoberfest style, with a keg tapping ceremony and traditional music.

Oktoberfest veterans George Kash Oktoberfest Express will be providing the musical entertainment.

The ticket price is \$9, which includes a sausage on a bun with sauerkraut. An early-bird draw

will be held for all ticket purchases up to Sept. 16.

Dickson said the evening will be filled with draws for great prizes.

"The early-bird prize is for two undisclosed concert tickets. A full-time student will win \$1,500 dollars in a draw that evening, plus an employee will win airfare for two to Florida, and there are many other prizes to be won during the night as well."

On top of all the draws there will be games of chance along with the game Crowns and Anchors.

Tickets will be on sale at the DSA office and alumni and co-op services.

Send in the clowns



Matthew Cann, 2, gets his face painted by Kazoo the Clown of Kelly's Klowns of Breslau, at the DSA Family Playday on Sept. 8. (Photo by Peggy Sue Ironside)

Campus Club Week

Sept. 16 - 20

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The Sanctuary



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Peer
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Contribution by Doon Student Association

Both prices and selection increase at Doon's cafeterias

By Trish Jackson

Doon Campus's three cafeterias have made changes since last year, increasing prices, selection and hours of operation.

Prices at Roasters, Dooners and the main cafeteria have increased an average of 1.5 per cent said Beaver Foods' district manager John Kast.

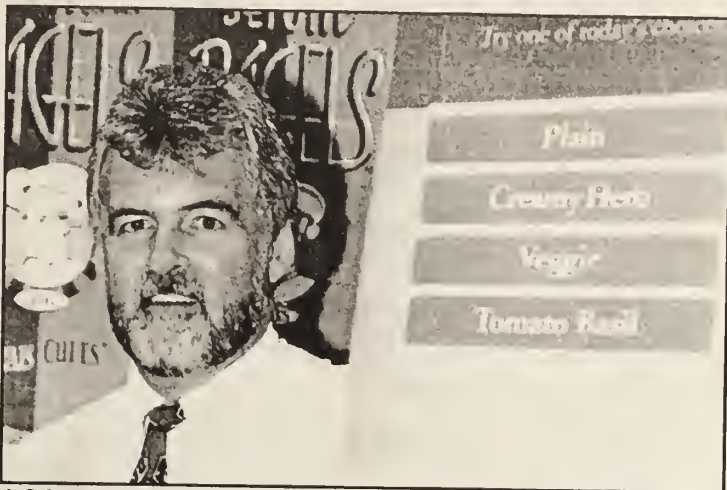
The increase only represents about 3 pennies on a \$2 item, however, while some items may show a more significant increase, others have not increased at all, and still others have decreased, Kast said.

Coffee products at all three locations are the same price as last year. Fountain drinks, including both pop and juice, are less expensive this year, thanks to a price decrease of about five per cent.

Some tasty new additions to the college's cafeterias include long-awaited low-fat muffins, and Harvey's new Ultra-burger.

Dooners introduced its new bagel program which offers four varieties of freshly baked bagels and four flavors of cream cheese each day. Students can help themselves and toast their own bagels right at the counter.

New items such as hot subs with daily features and cheesy garlic fingers should be arriving at Dooners by the end of September.



LOOK WHAT'S NEW — Beaver Foods district manager John Kast displays new signs introducing Beyond Bagels at Dooner's.

(Photo by Trish Jackson)

Wednesday specials will continue this year with favorites like lasagna, spaghetti, beef stroganoff and chicken cordon bleu. Kast said the goal is to provide variety and keep the price of a hot meal less than \$4.

Hot dog carts will be returning on Tuesdays and Thursdays and alternating between the cafeteria patio and Door 3. Kast said they are considering bringing Jamaican patties to the hot dog carts as an alternate choice for students eating on the run.

The rest of the food selection remains the same including the

deli, salad bar, Harvey's and Taco Bell in the main cafeteria, and pizza and submarine sandwiches at Dooners.

One change to be noted is the new hours of operation. The salad bar, deli and Taco Bell have extended their hours from last year's 10:30 a.m. to 1:30 p.m.

"If demand is here, we could stay open until 2 p.m.," Kast said.

All three cafeterias are open from 7 a.m. to 9 p.m., and this year, Dooners and the main cafeteria, including Harvey's, will not close between the hours of 3 p.m. and 6 p.m.

DSA promotes women's march

By Trish Jackson

Kitchener's annual Take Back the Night March takes place Sept. 26 at 6 p.m., beginning at the Seagram's Drive entrance at the north end of Waterloo Park.

The symbolic march allows women to walk in protest against all violence against them. The evening begins with a spirit rally and speeches at the park at 6 p.m. The march officially begins at 7:15 p.m., and participants will arrive at Kitchener City Hall around 8:30 p.m.

A celebration will follow the march at city hall, including storytellers and the Woman to Woman choir group. Men cannot march but are welcome to show their support by joining in the closing celebrations.

In preparation for the march, Conestoga will host two special events, said vice-president of student affairs Bev Cutone, who is also a member of the college's Women's Resource Group.

The first event, arranged by the Women's Resource Group, will be a presentation on Sept. 25 in Room 4B06 at 12:30 p.m., by Priscilla de Villiers, the mother of murdered Burlington teen Nina de Villiers. The man responsible for her death, Jonathan Yeo, had a long history of violent behavior and was out on bail at the time.

This prompted de Villiers to launch a petition calling for changes to the justice system and become founder and president of CAVEAT — Canadians Against Violence Everywhere Advocating its Termination. The focus of CAVEAT and of de Villiers' presentation is to educate the public about violence and crime prevention, advocate victims' rights and encourage legislative reform that will protect the public.

The second event is a performance by Rule of Thumb theatre company, in the Sanctuary at 11:30 a.m. on Sept. 26.

"It's a peer theatre group. They address a lot of concerns of stu-

dents, relationships, sexual and physical abuse. It's not only for women," said Cutone.

The production, called He Says, She Says, promotes an atmosphere of communication, respect and non-violence in both heterosexual and same sex relationships. It covers topics such as emotional abuse, sexual assault, stalking and date rape, and gives a message of encouragement and hope.

The march is organized by the Take Back the Night Committee in conjunction with many non-profit organizations including the YWCA. Lane Eaton of the Kitchener YWCA said organizers have arranged child care at city hall at 5:30 p.m. and busing back to Waterloo at 9:10 p.m. and 10:30 p.m. Take Back the Night T-shirts will be sold as the main fundraiser for the event. Organizers are still looking for females to volunteer as marshals. For more information please contact Lane Eaton at 744-6507 or Caroline Duimering at 744-6549.

Program helps sole-support parents

By Wendy Cummins

A brighter future is opening up for 18 sole-support mothers as Waterloo campus begins a new year in the Focus for Change program, which began on Monday, Sept. 9.

Focus for Change, a program designed to help social assistance recipients examine and plan their career paths, is a twelve-week program aiming to provide students with problem-solving skills and academic upgrading.

"It is about rediscovering their potential," said Deborah Cox, program co-ordinator of Focus for Change.

Each applicant is assessed through a written questionnaire and an interview to determine eligibility for the program.

Once in the program, women will learn the basic skills needed to re-enter the workforce while enjoying the support of other women who have found themselves in similar situations in past experiences.

Throughout the course they will learn such valuable skills as personal development skills, academic skills, computer skills, mathematical skills, communication skills. Also they will develop the skills to plan and prepare for employment or further training.

As well, they are taught to set realistic goals and make the appropriate decisions for their future.

Research has shown that women tend to support each other well in a group environment, Cox said.

"I never really had girlfriends

until I went into Focus for Change," said Kim McKay, a former Focus student now in her second semester of nursing at Doon campus.

Focus for Change partners with the regional social services and the Calvary United Church to provide both support and work clothing for the women in the program.

"There's such a diversified range of emotional and educational needs," Cox said. "Each group brings a different kind of energy."

It is more of a self-discovery than anything else, McKay said. "I wouldn't be where I am now without Focus. I'd probably be sitting at home," she said.

Each of the 18 students enrolled in Focus for Change this September will participate in a workshadow program to gain experience in their area of interest.

"They are really anxious to get started on Monday," Cox said. She has received many phone calls from new and returning students looking forward to the beginning of the program, she said.

There are seven returning students continuing in the program. The remaining 11 will be attending Focus for Change for the first time.

"They are moms trying to gain independence from the welfare system," Cox said.

As students begin their new courses of study they will quickly learn "to find their place, not be put in it," a motto followed by Cox as she guides the students through the course that aims to change.

Hey you! - Want to sell something? Want to announce a meeting? Advertising in the classified section may get your message across. It's only \$3 for thirty words and \$1 for each additional ten words or less. Deadline is ten days prior to publication. See the ad forms outside the Spoke office for more information.

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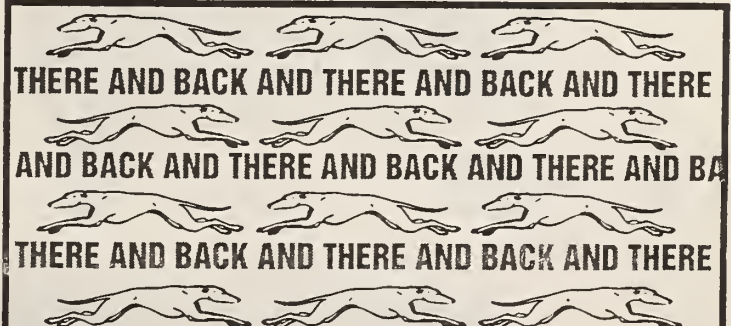
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Faculty combine fun with charity fund raising

By Jason Seeds

Conestoga's staff and faculty team finished 48th in a region-wide fund-raising competition between area businesses.

A K-W, Cambridge, Elmira and Wilmot chamber of commerce corporate challenge was held Sept. 8, at the Kinsmen/Kinette Park in Cambridge.

More importantly, however, the team of 10 had a lot of fun and helped raise money for local charities said the participants.

Chairman Peter McDonald, sales director at RDM Corp. in Waterloo, said he hoped to raise \$25,000. With only the K-W Chamber of Commerce, last year the Challenge raised \$7,500, but this year the fund-raising drives were increased and more money was expected, he said. The money will be raised through private and corporate entry fees, corporate sponsorship and a beer tent and concession stand.

Outside of Conestoga's team of 10, four faculty members helped organize and referee the event, which drew about 2,000 people from 100 teams.

Linda Hart, who is a student adviser at Conestoga's co-op and placement office, was the event's chairwoman.

This was Hart's fifth year participating, but her first as an organizer

instead of a team player.

"Saturday wasn't any fun, we had to set up in the rain," said Hart. She said the weather was better Sunday, and the day turned out to be a lot of fun.

As activities chairwoman, Hart spent months with other volunteers designing eight games in the recreation centre.

Conestoga also helped by lending out the day care centre's tricycles for one of the activities.

About 120 businesses took part in the event, which raises money for an investment fund that will eventually be used for charities.

Lynne Proctor, a consultant in the Ontario Skills Development office, Adrian Hart, a programmer analyst in computer services, and Lynn Loggan, a teacher in general arts and science, all volunteered to marshal various activities.

Like wife Linda, Adrian Hart has participated in the event for five years.

"I miss being part of a team," he said. "Marshalling takes a lot more co-ordination, but I am having fun with the other volunteers. I have a great staff of timekeepers."

Trades and apprenticeship teacher Karsten Madsen was one of the faculty playing the games. "This is a hell of a time," he said. "Not enough people know about this event, or Conestoga would have more teams I'm sure."

Try-outs heat up

Players vie for varsity spots on Conestoga sports squads

By Rick Kew

The fields in front of the Kenneth E. Hunter Recreation Centre have become the scene of intense exertion as students vie for positions on Conestoga's varsity soccer and softball teams.

The women's softball team held an game Sept. 5, where coaches Brian and Yvonne Broome tried to decide who to dress for Sunday's exhibition game.

Soccer try-outs throughout the first week of the semester for the mens and women's teams prepared them for a tournament at Durham College at Oshawa on Sept. 5-6.

Tony Martindale, coach of Conestoga's hockey Condors, said that of the 50 players working for positions on the team this season 10 are goaltenders. Pressure for that position will be intense as three goaltenders from last years squad will be returning. Martindale and assistant coaches Jason Romanko and Brian Park will be forming three teams and holding intra-squad games Sept. 9, 10 and 12.

Conestoga's women's softball team has seven players, including

pitcher Fawn Day, returning from last year's team. Day, a third-year business student, recorded back-to-back 15-strikeout games last season.

Coach Yvonne Broome said, "Defence is what made us successful last year and thats what were going to focus on. Good defence will win ball games."

Jill Kuntz, a first-year student, from Formosa looked impressive on the mound. She and Day should help to strengthen the defence for the softball Condors by providing a dual pitching threat. Condor bats were not completely silenced by their teammates' fireball pitching.

University of Guelph graduate, Jane Seifried, who is taking a one-year course in ambulance procedures, twice lined the ball out of the infield and showed great speed on the basepaths, turning a double into a triple on a slight hesitation in the outfield.

Broome said, "Were trying to evaluate these players today as the season comes on so fast, but it's hard. There is a lot of talent out there."

She said their goal is to be in the top four at the end of the season

after that everything is sudden death and anything can happen.

Martindale will vouch for the surprises of the playoffs. Last March, the heavily-favored hockey Condors were stunned in the opening playoff round when officials informed them that one of their key players, Brent Cullaton, was not eligible to play.

"You dont like to look to excuses," said Martindale, "but I think it had a pretty big impact on our team."

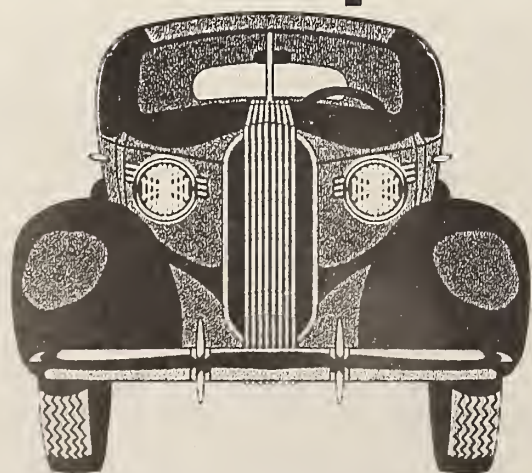
He (Cullaton) went through the warm-up and everything before the athletic director came down and told us not to play him."

The hockey Condors start their season Nov. 1 at home against Seneca but will play a series of exhibition games beginning at home Sept. 14, when they will be playing a home-and-home series with Woodstocks Junior C club.

The women's softball team will play at home against Canadore Sept. 15 and host Seneca Sept. 18.

The men's soccer team will open at home against Fanshawe on Sept. 18 and will be co-hosts with the women's soccer team as they meet St. Clair on Sept. 21.

Not too happy with your new place?

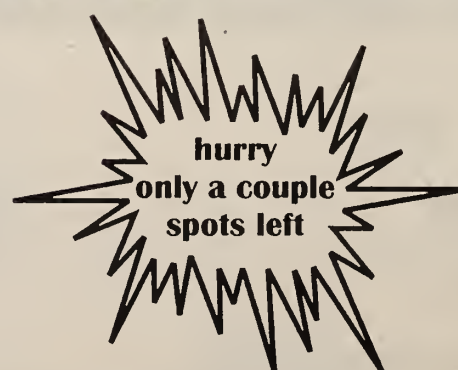


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REVIEWS

Battle of the bands

Neil Young show blasts Oasis off stage

By Scott Nixon

An interesting thing happened Aug. 31 at Barrie's Molson Park: Neil Young, that 50-year-old grey-haired hippie, managed to rock harder, louder and nastier than the members of the four other bands that played that night, most of whom were half the Canadian legend's age.

Opening band Screaming Trees, admirably though they tried, simply could not gain the interest of the audience and left the stage to not much more than a smattering of applause.

The next band, Spiritualized, sounding like the Doors on steroids, was also mostly ignored. Jewel managed to attract some attention from the audience but

her look-at-me-I'm-so-cute stage persona soon grew tiresome. And Gin Blossoms cruised through a half-hour of the group's pop hits without offending or pleasing anyone.

It wasn't until British pop sensation Oasis hit the stage that the crowd of more than 30,000 really got involved. Touting themselves as greater than the Beatles, Oasis quickly got the teeny-boppers singing along with the band's simple, mindless pop drivel.

While there's no doubt Oasis guitarist Noel Gallagher can write catchy melodies, his obsession with ripping off the Fab Four is the greatest rock 'n' roll swindle since David Coverdale decided to become Robert Plant. This was evident in several songs, including

Champagne Supernova, Don't Look Back in Anger and Wonderwall.

And a version of the Beatles' I Am the Walrus only emphasized the fact that, while Oasis may sound like the Beatles, lyrically, it just doesn't have depth or imagination.

After Oasis, it was time for the main event. Lumbering onstage in baggy shorts and a ragged T-shirt, Neil Young ripped through his classics with longtime backing band Crazy Horse.

With the volume and distortion turned up to 11, Young and "the Horse" huddled together onstage, playing epic versions of Cortez the Killer, Rockin' in the Free World and Cinnamon Girl. A 15-minute version of Like a

Hurricane was the highlight of the evening.

Another special moment was when Crazy Horse left the stage and Young strapped on his acoustic guitar and began the opening chords to Helpless. That first line of "a town in North Ontario" lifted loud cheers from the audience.

It was also a pleasant surprise to hear Young sing Sugar Mountain and Heart of Gold, songs he rarely plays live anymore. Electric versions of Pocahontas and The Needle were also unexpected.

After more than two hours of amazing rock 'n' roll, Young and Crazy Horse left the stage to huge cheers, making all the other bands that day irrelevant.

Review Guide

- ★★★★★ Excellent
- ★★★★ Very Good
- ★★★ Good
- ★★ Poor
- ★ Turkey



Braxton brings *Secrets* to rhythm and blues music

By Wendy Cummins

Toni Braxton's latest album *Secrets* provides the rhythm-and-blues style seen in her previous recordings and is once again quite a successful performance.

Released June 26, the album begins with the sultry voice of Braxton paired with the thought-provoking lyrics of Tony Rich in Come On Over Here.

The album's next song, You're Making Me High, features the lyrics of Babyface and maintains a contagious beat throughout.

There's No Me Without You, proves to be one of Braxton's best love songs with lyrics from Babyface that could provide romance to any room.

Talking In His Sleep, however, lacks any inspiration in the lyrics but still maintains the same amount of soul. This song is the only one on an album of 12 compilations that seems to be misplaced.

Let It Flow, well known from the *Waiting to Exhale* soundtrack keeps up the tempo of the rest of the album.

There is also a special appearance on the album by R. Kelly, whose amazing voice only adds to I Don't Want To, another wonderful Braxton love song.

The final song on the album, In The Late Night, provides a generous amount of blues with an added touch of soul and once again partners a beat with amazing lyrics.

The album, in general, provides relief from the everyday with the right combination of talent and much-needed soul. The beats are contagious to the point of toe-tapping and the lyrics have actual meaning and aren't just words.

It is definitely one to check out when you want to provide that certain type of ambience or if you happen to like the amazing voice of Toni Braxton.

★★★★

Pearl Jam's *No Code* replica of last release

By Jason Romanko

Pearl Jam's latest release, *No Code*, is *Vitalogy's* mutilated twin.

The album sounds as if it had been slapped together over the weekend in some sick format that only allowed the band to use the same mediocre melodies.

Eddie Vedder, the lead singer, has once again proven that his voice has no range.

Vedder makes every song sound the same with his monotone gurgling he thinks is singing. It was tolerable in previous releases, but on *No Code* it gets old fast.

One of the band's few attempts to expand its sound is the Neil Young sounding Off He Goes. It is one of only a few tolerable songs on the album. But it sounds more like a cover tune than anything distinctly Pearl Jam's.

Present Tense is the best song on *No Code*. It demonstrates what the members of Pearl Jam could do if they put their minds to the task at hand.

Present Tense stands out because of its innovative sound and strong lyrical content.

A different element the band did try to implement on *No Code* is the use of piano. But the songs with piano sound merely like one of their previous releases with a little piano thrown in as some meagre attempt at fresh material.

Pearl Jam could have made the piano stand out a little more to help expand *No Code's* sound, but instead it is used with extreme caution which leaves it sounding like something tacked on.

Given that this is Pearl Jam's fourth release, you would expect more maturity and variation in their sound.

But they seemed to be content with altering old songs, that were once good, into something that seems tired and worn out after only a few listenings.

★

Bulletproof's dark humor not quite politically correct

By Sara Maxim

If you are offended when someone deviates from political correctness, *Bulletproof* is not something you would want to spend money to see.

The film, starring Damon Wayans (*Major Payne*, *The Great White Hype*) and Adam Sandler (*Billy Madison*, *Happy Gilmore*), is a comedy definitely meant for an adult audience.

Though the violence in the movie remains mild, and for the most part unbelievable, the sexual innuendos run rampant and raunchy. Homosexuality and bisexuality are not dealt a kind hand with Sandler relying on a few choice lines and key facial expressions.

You'll never eat a sandwich again!

Not even the daily biological functions are sacred in *Bulletproof*. Wayans' character,

Rock, and Sandler's Archie, insist upon a lengthy conversation about urinating and details how having someone else pee on you might actually be.

This movie may be a little over the top for some, but if you enjoy Sandler's comedy and are immune to cheesy lines, *Bulletproof* is full of laughs. The plot is nothing extraordinary and at times is very obviously contrived, but there is an undercurrent of morality interlaced in the storyline.

The characters, Rock and Archie, wrestle with issues such as what being a friend really means and whether work or friendship should come first.

If you need an in-depth plot and a warm fuzzy feeling at the end of a movie, *Bulletproof* may not be for you. But after all, it is a comedy that features an ex-Saturday Night Live performer. So what would you expect?

★★★★

AIDS WALK '96 - ACCKWA - The AIDS Committee of Cambridge, Kitchener, Waterloo and Area is currently seeking "short-term" volunteers to assist with their 4th annual aids walk on Sunday, September 29 at Victoria Park in Kitchener. Various volunteer opportunities are available. For further details on how to get involved, please call Tracey at 570-3687.

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We want to hear from you!

Track- and- field star Canadian Olympian heads rec centre

By Rick Kew

The new director of Conestoga's Kenneth E. Hunter Recreation Centre walked onto the vacant floor of one of the centre's basketball courts and said, "There is no reason why this court isn't in use. Look at it . . . there is nothing wrong with this court or this facility. It rates with the best, and I've seen a few in my travels."

Ian James, who qualified to represent Canada in track and field at the 1996 Olympic Games, has seen a few athletic facilities in his travels.

He has represented Canada in the long jump at locations throughout the world since 1983.

Although he had qualified for his third Olympics, in 1996, he could not compete after injuring his Achilles tendon.

Having been the assistant manager of the recreation centre at Hart House at the University of Toronto and manager of the Terry Miller Recreation Centre in Brampton, James knows what to look for in an athletic facility.

James was born in Trinidad in 1963 and came to Canada at age six. He graduated from high school in Milton, Ont., and obtained a diploma in recreation-facility management at Seneca College.

He was offered an athletic scholarship for his abilities in the long



Ian James, director of recreation centre. (Photo by Rick Kew)

jump at Texas A and M University at Bryan-College Station, Tex.

"I always wanted to experience the U.S. college lifestyle that was glamorized on television," said James, "and the experiences I had at university were the best of my life, not just for athletics, but more importantly from a social point of view."

James, who graduated from Texas A and M with a bachelor of science, said friends and contacts he made during his university years have helped him over the years.

He said Americans treat school athletics differently than Canad-

ians. In the United States, high school and college athletics are treated as community events. Big business also gets involved and when the local team wins there is plenty of financial support for the school.

College sporting events are so wrapped in tradition that even non-participants look forward to attending games.

"As an example," James said, with a smile on his face, "when you take a date to an A and M football game it's a tradition to

"There is no reason why this court isn't in use. Look at it . . . there is nothing wrong with this court or this facility. It rates with the best and I've seen a few in my travels."

Ian James
director of recreation
centre

kiss your date every time the home team scores, so you really want to see the score run up." He said he thought Canadians were more business-like, tending to want just the diploma, and not putting much emphasis on college athletics.

A facility like we have here at

Conestoga should be in constant use, he said.

His job, as he sees it, is twofold: attract more students from the college into the facility and encourage members of the surrounding community to make use of the recreation centre.

James said area residents may well be driving by Conestoga and saying, "What a lucky bunch of students at the college; look at the facility they have to use," not realizing that they could be taking advantage of programs offered at the recreation centre as well.

He said students from Conestoga should be using the facility since they pay for it with the athletic fee in their tuition.

Everything at the rec centre, excluding the hockey arena, is available at no-charge to Conestoga students during non-prime times.

James said he thinks the key to getting students involved in activities at the rec centre is to present the athletic opportunities to the students before registration week, when students first come to see the school. He would like ongoing tours of the rec centre available to interested students.

Earlier this summer he had surgery to repair his injured Achilles tendon and is recovering well he said.

James lives in Georgetown with his wife and three children.

Ian James's long jump record

1996

- Qualified for his third Olympic Games
- Placed second at Texas A and M All-Comers track meet
- Ruptured Achilles tendon and could not compete at Olympics

1995

- Silver medallist at the Canadian championships
- Represented Canada at the Pan American Games
- Won the University of Toledo Invitational long jump competition

1994

- Canadian long jump champ
- Bronze medallist at the Commonwealth Games
- Won the Ontario track and field championships

1993

- Silver medallist at the Canadian championships
- National indoor champion

1992

- Represented Canada at the Olympics in Barcelona
- Gold medallist at the Principat d'Andorra

1988

- Represented Canada at the Games in Seoul.

1987

- Represented Canada at the world championships in Rome

1983

- Qualified for world championships in Helsinki.

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